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PATIENT: MAX CONSERVA
DOS: Sep 26 2011

MRN: 01338004
DOB: Feb 02, 1981

Patient: CONSERVA, MAX
DOS: 09/26/2011

Max is 30-year-old man who was involved in a car accident when he was 8 years old sustaining severe trauma to his right knee. He underwent multiple surgeries up to age 14, which included an Ilizarov frame, as well as multiple reconstructive procedures. He has been left with severe bone loss along the lateral compartment of his knee with severe valgus instability and a peroneal nerve palsy. He has used KAFO for support and continues to have very minimal pain in his knee. He is interested in having a custom orthosis built to help with his valgus instability in his knee.

On physical exam, he is friendly. He is in no apparent distress. He has a severe peroneal nerve palsy. He had a 1.5-inch leg length discrepancy with his right leg being shorter. He has severe valgus instability with no lateral support in his knee. Very minimal medial joint line tenderness.

X-rays of his knee demonstrate loss of the lateral plateau, loss of the lateral femoral condyle, degenerative changes of his medial compartment.

Assessment and plan: Max is a 30-year-old man with difficult problem in his right knee consisting of absent lateral plateau and lateral femoral condyle with loss of lateral support and consequently a severe valgus instability in his knee associated with a severe peroneal nerve palsy. He is starting to develop pain not surprisingly along the remaining medial compartment of his knee. Given that his pain at this point is pretty minimal, plan will be to proceed with the custom orthosis. I did discuss the role of future reconstructive procedures versus a future total knee replacement for him. As long as he continues to have minimal pain, we will continue conservative treatment. All questions were answered. Plan will be to order a CT scan to evaluate the bone loss. All questions were answered.

William Scott Green, M.D.

WSG:mtpinoy.com/mht::gma
D: 09/26/2011 T: 09/28/2011
cc: File

California Pacific Orthopaedics & Sports Medicine

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CONSERVA, MAX
WorkType:
MRN: 01338004. Visit: 3642480
Age: 30. Gender: M
CalPac Ortho Sports Medicine

Electronically signed by: WILLIAM S. GREEN M.D. Sep 29 2011 9:05AM PST